



Patient Lifestyle Questionnaire

Thank you for taking a few minutes to complete this questionnaire. The information you provide will help us to better understand your vision care needs.

What is your professional environment? (Check all that apply.)

I work in a professional business office My job requires travel (driving/flying/both).
 I work from home. I work outside most of the time.

How much time do you spend each day at a computer?

0-1 Hour 1-3 Hours 3-5 Hours 5+ Hours

How much time do you spend driving at night? (hours/minutes)

What type of outdoor activities do you participate in? (Check all that apply.)

Golfing Gardening Skiing Hiking Jogging/Walking Boating Biking
 Team Sports Other (please list) _____

What are your indoor hobbies?

Reading Arts/Crafts Sewing/Knitting Other

Please list any skin allergies. _____

Are you concerned about protecting your eyes from harmful UV rays? Yes No

What do you currently use for sunwear? _____

What did you like about your last pair of glasses? _____

What would you change? _____

What did you like about your last pair of sunglasses? _____

What would you change? _____

Office Use Only

Patient Name _____

Date of Visit _____

Vision Care Recommendations

Frames _____

Lenses _____

Contacts _____

Sunglasses _____

Other _____